

# CAMPUHAN College Newsletter

2<sup>nd</sup> Quarter- February 2020



CAMPUHAN College  
Real Life Education



# Getting Started

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## Hello from the College!

Dear our Beloved readers,

We are pleased to invite you to our second quarter of the Professional Program student activities in this newsletter.

We had fun and been through amazing process that helped develop ourselves better.

Thank you for being part of our journey and our growth. Happy reading!

With Love,  
CAMPUHAN College, Head of Department



CAMPUHAN College, Head of Department



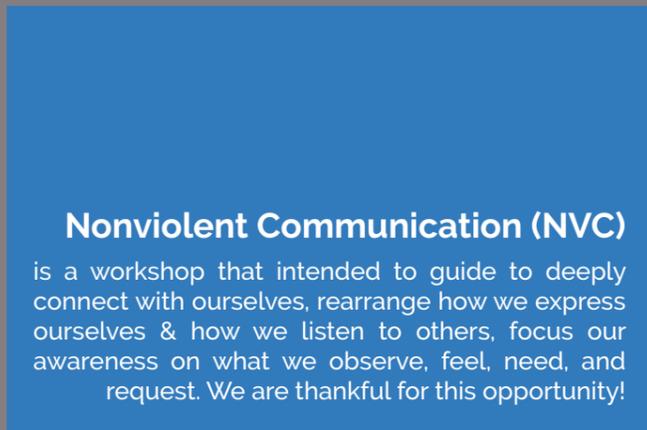
## The Second Quarter Report

Professional Program second quarter filled with many fun and informative activities, that we believe would encourage student's soft and hard skills development. We had amazing classroom activities from in-house workshops and arts performances that help out the students to get new perspectives and experiences.



### "Challenge Yourself Workshop"

is a mind mapping exercise that objects to train our mind to make future plans. Particularly for future careers, our students practiced to create "SMART" Goals, and recognizing the obstacles or challenges occurred and overcome them through daily habits.



### Nonviolent Communication (NVC)

is a workshop that intended to guide to deeply connect with ourselves, rearrange how we express ourselves & how we listen to others, focus our awareness on what we observe, feel, need, and request. We are thankful for this opportunity!



### Living Values Education (LVE)

is a method for creating values-based atmosphere in schools, homes and workplaces. The students participated three days workshops of Living Values Education as a series of preparations for Let's TALK (Teaching, Accompanying with Love and Keenness) project.



## "What a busy month but we do enjoy it".

Said some students about their activity in December.

## Our Clases

### Leadership Class

Our daily activities teach us many values to looked up and lived by and so does too in our Leadership Class. One of the them was through dancing, just like Vika Baum said, *"There are short cuts to happiness, and dance... is one of them"*.

In November, the students explored the value of happiness and choreographed a dance in a team.



It was amazing how they work together to create the movements, arranged the music and made setting time for their practices, not all students comfortable to dance but they've tried to keep up all the way. Some students did not even like dancing and had no experience at all.

With less than two weeks of preparation, disagreements, embarrassment and inferiority, were part of the training. The facilitators and staff were the spices that adorned the process. But with all these things, the students were able to collaborate and create happiness together within the group. They were successfully creating such a harmonious dance.

# Our Classes

English Class



English Class in CAMPUHAN College is like the center of gravity. Students deliberately willing to learn hard to master the language especially speaking skill. Just like this quarter, English class, couldn't be more fun because the students had to prepare and perform a DRAMA. They were divided into groups and to perform their piece at Open Heart hall. Facilitators endlessly support and facilitate them on the plot, the characters and also the dialog.

A play is a balance mix of memorizing the lines and the characters embodiment. And it was certainly challenging to do. While Balinese accustomed to arts and performances, either dance or fine arts, modern art is somewhat new to learn. What made it even more special was the fact that they also made a trailer for their drama and played it before the performance.

Learning English through drama contributed such a great experience to the students. They really enjoyed the process and understanding the context of the language, time management, team work, creativity and respect. -

**a drama performed by the students**

# Our Classes

Computer Class



Computer is a very interesting technology, especially to those who never had a chance to explore and play with. In this quarter computer class, students learned not only about its applications or programs, but they also learned to present them before the audience.

Through one of the programs, Microsoft PowerPoint, the students were invited to make an effective, efficient and interesting presentation slides. They learned how to keep their audience engaged and grasped the message in the presentation, and put their communication skill to the test during this exercise.

While focusing on passing on the message to the audience, they also had to maintain their interaction as well. This activity honing their skills in public speaking in order to do presentation in front of their friends, although some were very nervous during the presentations. It is proud to see the immediate result of trust, creativity and effort among them. We hope the students will be more confidence to present themselves and speak in front of many people. -

## Desain Class

Their first assignment was to create photo illustrations for advertisement purposes and food items. With this skill, they were expected to widen their future career opportunities.

Knowing how to capture moments or products well can help the students to promote their product one day and share their photos widely through social media. In this class, the students learned the basics of photography, camera parts, photography techniques, and tips & tricks.

We were amazed by some of the students work, even some of the student's unfamiliarity with the camera took them longer to deliver the result. Luckily everyone was teamed up and made a one great team that support each other. -



### Ampuh Workshop

As Part of Leadership and Communication Class which frequently in December, students were introduced to video making process. We called this activity AMPUH or literally means: "effective".

The students learned about making documentary videos facilitated by our Media Production team Wira and Puput. AMPUH was scheduled for a three-day workshop to introduce the basic knowledge needed for documentary video production, the use of video cameras, editing software and technics.



The students divided into groups to complete their projects. They explored ideas, made a recording schedule, determined the resources up to the editing process.

The students expected to make documentaries video and practice their communication skills between friends / facilitators as well as resource person involved in the project. The final results of this documentary video were presented in front facilitators and CAMPUHAN College staff and received many insights, and feedback as well.

The students enjoyed the workshop

### Parents Gathering

## Meet the Parents!



After 6 months of learning, CAMPUHAN College (CC) held Parent Gathering. It is an activity to share information about the students' progress between the CC and the parents. Beside sharing the student's progress, the parents also experienced one of the learning activities at CAMPUHAN College "Connect to the values".



The activity was facilitated by the Karuna Bali co-founder Wayan Rustiasa. The parents really enjoyed this activity, it was the first time the parents met each other in one place and they did not hesitate to share their feelings in a comfortable and safe atmosphere. We do hope through this activity there is a mutual cooperation between the parents and CC as an institution to make the most of the student's growth.



Brother Wayan Rustiasa was facilitating the Activities

## Let's TALK (Teaching, Accompanying with Love and Keenness)

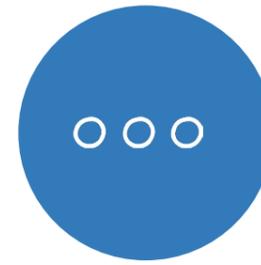
Professional Program (PP) students visited elementary schools around Ubud to introduce "Let's TALK" activities. Let's TALK (Teaching, Accompanying with Love and Keenness) is an activity carried out by the students as an application of leadership and communication and paying forward to the community.



The elementary students was so happy being facilitated by CAMPUHAN College Students



It is held in February - April. This year, the students will implement the activities at elementary school SD 2 and SD 3 Keliki. The enthusiasm of the elementary school students was extraordinary. They showed their enthusiasm and willingness to actively participate in every session given by the CAMPUHAN students. We were welcomed with warm reception and support from the school headmaster and teachers at the school, expectantly the activity will give benefit both the students and elementary school students.



## OTHER ACTIVITIES

### A DAY AT THE FARM



Bali was once known for its glory in farming. The rice paddy terrace beautifully engineered to its most efficient way for growing food. Unfortunately, it is rare to see nowadays, submerged between villas and tourism objects. In an effort to sustain the farming skills, we took the students to visit Yayasan Emas Hitam Indonesia (YEHI). YEHI is a nonprofit organization focusing on modern farming and holistic approach in permaculture. Besides as a learning media about permaculture, this visit was meant to be part of the preparation to mark the Earth day in April with upcoming event "The Seeds of Kindness."

The students share the valuable lessons through the seedlings. They listen attentively to every explanation about permaculture theory and experienced on the ground practice in composting process and planting procedures. The students were very enthusiastic following every single step, and it was indeed nourished the curiosity from students who want to know more about permaculture



### TREES FOR LIFE

CAMPUHAN College is knowingly as an education institution with values, concerned to environment sustainability and mindful about the surrounding community.

As we all know, Bali is slowly losing its vegetation and prone to natural disaster, resulted from more trees cut than plant.

More degraded land than greenery, and more landslide very year which means more people are vulnerable to the natural disaster.

CAMPUHAN College were lucky to be part of reforestation community and participated in annual activity organized by the Bali Hijau Lestari Foundation in Kintamani, Bangli. The students regularly participating in the reforestation on some of Bali's most challenging terrain event every December to celebrate end of the year. After that, they embraced the moment and have fun with some music despite the striking heat of the sun. Volunteers gathered and the students spontaneously sang several songs, what a perfect closure to call off the day. -

# Be part of Karuna Bali family!

Approximately scholarship of IDR 22.500.000 (AUD\$ 2,500 per year), you can support a student from remote area with access to higher educational as well as their boarding house and meals.

## Be part of our journey! Sponsor a student

### Benefits of Sponsorship include

Recognition and mentions on various social media outlets, website and quarterly-newsletter Direct correspondence with the students that you sponsor via email.

### *Available Sponsorship Opportunities!*

*Donations can be transferred to Karuna Bali Foundation Bank account*



**Bank Name:**  
May Bank, Jl. Raya  
Ubud, Gianyar, Bali,  
Indonesia.



**Account name:**  
Yayasan  
Karuna Bali



**Account number:**  
2.195.090534



**Swift Code:**  
IBBKIDJA

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