



**KARUNA BALI FOUNDATION**

Bringing Alive Love's Inspiration

# **KARUNA BALI'S BULLETIN**

MAY 2018



## HEARTFELT GREETINGS FROM UBUD.

It is such a pleasure for us to be in touch again through this Bulletin. We would like to express our deepest gratitude and appreciation to all of you, in sharing this journey to extend love and compassion to the young people of Bali and Indonesia.

Everyone in KB is busy with the day to day running of our programs, facilitating the students as well as accompanying the faculty. It's such a deep joy to witness the process of growth of the faculty and the students.

Your gift of allowing us to share the journey of this year means a lot to us. Especially the chance to share the One Year Scholarship Program, "LEADERSHIP and COMMUNICATION" focusing on self-growth. Our primary aim is to help the students to cultivate self-awareness through

converting their challenges into strengths, and Living their values to achieve their future goals. All of this happens in a background of developing life skills in English communication, Computer design, photography, movie making and started this month, Internship work experience.

The students have been studying for nearly 9 months now, and we see progress from each student in their abilities and their faces. They are more cheerful, brighter, lighter, have lots of smiles and grow in confidence more each passing day.



They are able to implement those values in their daily interactions. We observe that they are more able to connect to themselves and are more aware of their behaviors toward the people around them. As a result they are happier and can appreciate themselves and respect others more.

In life there will always be a challenge or conflict, for example the students often engage in arguments or small fights. This is most common when they receive a group assignment. They tend to be hold onto their separate ideas and making the final decision is quite a challenge. Returning to their values enables them to come to the realization that they can find a way to Unity, through Respect, Tolerance and Co-operation. The lived the lesson is learnt and they forgive each other in the end. It's a beautiful thing to witness the whole process. Every student is unique; one of the facilitators shared her

observation while facilitating the students that she has a vision that the students are inside a beautiful garden, each of them is a very unique flower, each flower has different kinds of shape, color and fragrance, each has their own time to blossom, when they are all blooming they will become such a beautiful garden filled with so many flowers of enchanting colors and spread wonderful fragrance. At the moment, each student is progressing in different areas; one student has been progressing a lot in English, the others in computer design, photography, movie making and editing, and certainly in Leadership.



All of them are progressing, all of them are unique. Some time back we asked the students to choose which of their friends they wanted to become their representative. We asked the question

*"Who among your friends has inspired you the most in their progress?"*

The facilitators were also included in the voting. From that question two names stood out, they were Ardi and Wasu. These two have been selected to be the representatives of the students' progress, during this year of the Professional Program for CAMPUHAN College.



## HERE ARE THEIR STORIES



### WASU

*My biggest development after more than nine months studying in CAMPUHAN College is that I feel more cheerful, I enjoy the activities with no burden. I feel confident to speak with new people; I have no doubt of the foundation of my motivation to move forward. I have courage to make the right decision instantly, I feel in control of my emotions. I can express every lesson that I learn in my own style and I know better and feel closer with most of Karuna Bali staff. I like to make people around me to feel happy and inspired.*

*I feel so grateful, happy, joyful and so surprised with my progress. This progress makes me feel alive and awake from my daydreams. I'm proud of myself that I am able to get out of my comfort zone, so that I can evolve to be a better person in the future. Through this transformation I can see my relationship with my surroundings and all the people around me will become sweeter.*

*My wish while I am still studying in CAMPUHAN College is that I want to be more punctual not wasting my time by doing things that do not help my growth. Besides that, I want to develop the leadership skill that is already in me. I just need to be inspired and I want to help so that I can contribute to the people around me. My wish after I graduate from CAMPUHAN College, is to work on a Cruise ship so that I can travel around the world while working, I can save some money and when I have enough savings, I want to build a business. I want to be a chicken farmer, so I can contribute by giving people work.*

### ARDI

*I feel I am having lots of progress in terms of hard skills, and yet what impressed me is the progress in my own personality. Now, I am becoming more open, friendly, more caring to other people and more patient. I have also increased my leadership skill.*

*Realizing that I'm progressing, I feel so happy and really grateful for the help from all of my facilitators and this also encourages me to be a better person.*

*Even though I am having a lot of positive progress, I realize that I still have some weaknesses, and my wish for the future is to improve my behavior and keep learning so that I can become a good leader for myself and others.*



*I really hope many people will get the benefit and be part of CAMPUHAN College. For me this is like a clinic to transform myself to be more peaceful, and help me to have a brighter future. I hope that after I graduate I can still visit CAMPUHAN College, or I can be a contributor for CAMPUHAN College's progress.*

*I would like to express my deepest gratitude to Karuna Bali and CAMPUHAN College and all the team, this is such a precious moment in my life, without this opportunity to study here maybe I would still be the old Wasu that was buried by the soil of life.*



In order to give you a legitimate summary of their progress, we have included some testimonials. They are the representative of the students, facilitators and parents.

In January, we invited all the parents to come to Campuhan College, a regular activity that we do every year. The purpose of this activity is to gather all parents' so that they know each other and it is also an opportunity to inform them about what their children have learnt in CAMPUHAN College. We also hear from them what the significant changes they see in their children are after several months studying in CAMPUHAN College. It was such a sacred moment to witness. In many cases it was the first time for the students to hear and received the appreciation, respect, love, and affection from their parents. It was such a relief and a celebration of the heart, full of tears of happiness.



## WHAT THE PARENTS SAY

### WASU parent's said:

*"Wasu is progressing a lot, he is more caring and more understanding with the family situation, especially the financial situation, he never gets cranky any more, never goes against his parents, he is simpler, more independent, more mature and kinder to his parents and brother."*



We were so delightful to hear what Wasu parent's said. They are a very simple family, very shy people.



### ARDI's mother said:

*"After Studying in CAMPUHAN College, Ardi has become more friendly, and softer. Before, he was so grumpy, his words were so harsh and I often had fights with him. When he spoke harshly to me, I also spoke even harder than him. However, now he's more polite, kind to his sister, and he uses metaphor if he wants to tell me something to make me laugh. He has good communication skills, he loves to communicate with the people at the orphanage and the people who work there also love to communicate with him. They have started to love him, whereas before that, nobody liked him because he was so naughty."*

## THEIR PEERS

WASU was a very shy person, however along the journey he seems to have gained more confidence, he loves to share in many things, has a strong sense of responsibility, his personal quality has improved, he is more punctual, disciplined, humble, humorous, diligent in doing his assignments, and he shows good effort in everything he does.

Whereas ARDI, we were thinking he was arrogant, but along the journey especially after he became the class leader he is softer, polite, honest, loyal and creative. He is very to the point, or frank, even though sometimes it hurts someone's heart, but that is better now he can control his emotions.



## THE FACILITATORS

What we observe in ARDI, at the very beginning when we met him, was he was stubborn, uncaring and grumpy. He couldn't control his words so he used to make his friends upset because of his sharp words. In the classroom he was not really an active student; he tended to be the last one to answer questions. When his friends asked his help in design, he was impatient and consequently his friends couldn't understand what he explained. He wasn't a disciplined student in submitting his tasks.

After studying here for nine months, we can see that he has made such a huge progress, especially in his behavior. In the second quarter of the year, his friends chose him to be the class leader. From that time on he became a good leader. There are a lot of positive changes in him; he is firm, more patient, responsible, gentle and caring to his friends. He has creative ideas about designs and drawings, he submits his task on time, and has become more active in answering questions in the classroom. He leads his friends more gently and organizes better.

He has also become friendlier when greeting the facilitators and staff around the College. The most significant change that we see in him is that he laughs and smiles more. In our opinion, it is because of the help from everyone around him and the Living Values he has discovered in CAMPUHAN College. Ardi said that he felt fortunate to learn living values and leadership here. He can't imagine how his life would be if he didn't have the experience of CAMPUHAN College.





Whereas with WASU, he was a shy person; he didn't speak much and wasn't active in class. He tended to sit and listen to facilitators, but only spoke when he was selected to answer certain questions. He also didn't interact much with the most of the students at the College, just with some students. However he had a good sense of art especially drawing, from the start.



After eight months studying at CAMPUHAN College, his drawing results are better and he is more creative. His designs are creative and beautiful and his design results inspire his friends to do better. He is also becoming more confident to speak in English and express himself in front of facilitators and his friends. He is more polite, friendlier, and more mature in his relationship with the facilitators, staff, and friends.



He is diligent and more responsible; whether it's personal task or a group task, he can be trusted. Now, he is also quite humorous and most of the time he makes his friends laugh because he is so funny. He feels he knows his purpose in his life and he has shared his dream confidently in front of the facilitators and his friends. There really is significant change in his confidence, which is very important for his progress.

We humbly share the journey of these young people to all of Karuna Bali family with a sense of deep contentment and happiness inside, as we witness their progress and their faces from the beginning until now. It is as if we are observing flower buds blooming. Their journey has touched our hearts enough to choose their story to be used in this Bulletin to share with you, with a deep hope inside that every one of us who has supported them, directly or indirectly might feel their journey, a journey that is shared by every student. Without your support it would not be possible and we do not care to imagine how different their lives might have been.

Time passes so quickly and Karuna Bali is heading to another recruitment process for the new students. For the next group Karuna Bali is hoping to choose 24 students. This year we are open to candidates where the parents would like to send their children to CAMPUHAN College by paying for the program. In the last two years some parents have enquired if there is a possibility to pay for the program. We believe, this is a healthy sign of the acceptance and acknowledgement of our impact on the community and we see it as a good sign.



***We feel it's time to give this opportunity to the wider community to experience our highly alternative education, developing the whole person and preparing them to be a loving force in a changing world.***

We see many benefits in opening up the course to a cross section of community, including the possibility to forge friendships across the classes that currently divide. For the family who can afford it, there is the potential to receive the benefit and experience the process of growth together with the scholarship students. We are sure it will provide very special experiences for all concerned. We plan to allocate for two or three places this year, and we are waiting to see how many students will apply.

***We hope you enjoyed our newsletter.***

The opportunity to become a sponsor is still open, should you wish to sponsor a student of the new intake in August we would be most grateful.

***WOULD YOU LIKE TO PARTICIPATE IN THIS EXCEPTIONAL PROGRAM ?***

- For RP 12.000.000 (approximately 1000 USD) you can sponsor the education of one student.
- For RP 22.500.000 (approximately 1875 USD) you can support a student's education, including their board and meal, for these students who come from villages far away from Ubud.

***When you sponsor a student, you will receive:***

- Update from Karuna Bali Foundation via email every 3 months
- direct correspondence with the students that you sponsor via email.

***Donations can be transferred to Karuna Bali Foundation account:***

Account name : Yayasan Karuna Bali  
Account : 2.195.090534  
Bank name : May Bank, Jl. Raya Ubud, Gianyar, Bali, Indonesia.  
Swift Code : IBBKIDJA

***For more detailed information (i.e. tax deductibility in USA and Australia) please contact:  
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